

The Breeze

Serving the
Delavan Lakes area

- **Summertime activities**
- **Best family boats**
- **Life jackets**





Let's race!

The 2023 C Scow Nationals were held on Delavan Lake June 16-18. Races were held the first two days, with the third day of racing canceled because of lack of wind. **above:** A fleet of C Scows from across the Midwest approach the first buoy during race 4. Racing for Lake Beulah, Crew Anne Muller hikes out while skipper Joe Skotartzak jockeys through traffic. The team ended up 10th in the 58-team standings. **left:** Local sailors Ian MacClenathan of Delavan and Anna Clair of Williams Bay sailing with the pack during Race 4 of the 2023 C Scow National Championship Regatta held on Delavan Lake. **top:** A fleet of C Scows from across the Midwest approach the first buoy rounding during Race 4 of the 2023 C Scow National Championship Regatta held on Delavan Lake in June.



STOCK PHOTO The Breeze

Great summertime leisure activities

A warm breeze on a summer day embodies the spirit of this beloved season for millions of people. Seen by many as a season to relax and recharge, summer, not coincidentally, goes hand in hand with leisure.

With more time on their hands due to vacations from school and work and less hectic activity schedules, particularly for families that include school-aged children, individuals often find summer affords more time for leisure. With that in mind, people from all walks of life can consider these summertime leisure activities.

PADDLEBOARDING

Paddleboarding is another leisurely way to spend a summer day. Paddleboarding requires physical exertion, so this might not be the ideal activity for those looking to relax without lifting a finger. However, paddleboarders typically take to the water when it's at its most calm, making this a great activity for those who want to capitalize on peaceful, serene summer vibes.

FISHING

Few activities may be more relaxing than fishing. Though there are many different ways to fish, some of which require considerable physical effort, casting a line and waiting for a fish to bite is a relaxing way to spend a day in nature. That might not seem like much to novices, but spending time in nature has been found to reduce stress and lower heart rates, which the U.S. Forest Service notes are both risk factors for cardiovascular disease.

RELAX BY THE WATER

Whether it's a pool, lake or even the ocean, the water beckons each summer. Simply sitting on a beach or beside a lake or pool is a great way to pass the time without much stress. Nothing needs to be scheduled when relaxing poolside, lakeside or on a beach; simply enjoy some time to relax by the water.

READ

Books make for great companions on

warm summer afternoons. Reading is such a popular summer pastime that many bookstores set up displays featuring books that make for great beach reads, providing inspiration for individuals who aren't sure which book or books to dive into this summer. And much like other summertime leisure activities, reading has been linked to reducing stress.

A 2009 study from researchers at the University of Sussex in England found that reading can reduce stress by as much as 68%.

VISIT A MUSEUM

On summer afternoons when it's raining or too hot outside or individuals simply want to spend some time indoors, a museum makes for the perfect place to visit. Museums do not typically draw crowds in summer, making this an ideal season to visit. Many offer discounted prices to individuals like seniors and students, so this is a great way to relax without breaking the bank.

(METRO CREATIVE)

The Breeze

*Serving the Delavan Lake area
A publication of Southern Lakes Newspapers LLC*

1102 Ann Street, Delavan, WI 53115

(262) 728-3411

Editor in Chief: Tracy Ouellette
Creative Director: Heather Ruenz
Advertising Director: Vicki Vanderwerff
Page Designer: Jen DeGroot

**For advertising opportunities
call (262) 723-2250**

on the cover: Two Lake Beulah boats seek to make gains on the fleet by sailing up the right side of the course during one of several 2023 C Scow National Championship races on Delavan Lake.

ED KEARNS PHOTO The Breeze



The top 7 BEST BOATS for families

For many boaters, boating is a family tradition – a way of life that includes shared experiences like the first time you take the steering wheel, catch a fish or trim a sail. Not only are moments like these fun for the whole family, but they also bring parents and kids closer together as the family becomes a “crew” through teamwork and shared responsibilities.

For every family member to join in and participate, however, you’ll naturally want to choose a type of boat that everyone can enjoy to the fullest potential.

Which is ideal for you and your family will depend on several factors: what type of boating does your family enjoy? How large does it need to be, and what accessories should it have? As you ask yourself these questions, remember that for most families, one of these seven boat types is likely ideal.

Discover Boating says these are

the best starter boats for families:

BOWRIDERS

If joyrides across the lake or bay, towing water toys, swimming at the beach, and generally kicking back on the water sounds like good times to you and your kids, a bowrider may be your perfect choice.

Bowriders are one of the most popular family boats, thanks to their high versatility, copious seating, and easy access to the water.

Bowriders are available in a vast range of sizes that match just about every budget, from small 16-foot runabouts to 30-plus-footers with every comfort feature imaginable ranging from enclosed head compartments (full bathrooms) to complete outdoor kitchens (though we call them galleys, on a boat). And while they may not be the ideal platform for activities like fishing or overnighting, bowriders

RIGA - TONY'S

DELICATEZZI ITALIANO

Homemade Sandwiches

Italian Specialties

Homemade Food

Just Like the Good Old Days

5576-C State Road 50

Delavan, WI

CALL (262) 740-2540

or Visit Our Website www.rigatonysdelavan.com

HOT FOOD COUNTER

Hot, Ready to Serve or Heat it Yourself!

Made Fresh Daily

- Sausage, Peppers & Potatoes
- Lasagna (Meat, Cheese or Spinach)
- Stuffed Green Peppers
- Stuffed Red Peppers
- Eggplant Parmigiana
- Meatballs
- Baked Rigatoni
- Arancini
- Braciola
- Chicken Breast Vesuvio
- Sicilian Pizza



FULL LINE DELI

Fresh Meats & Seafood

USDA Prime Dry Aged Steaks - Imported Cheese

Large Variety of Cold Salads

Homemade Italian & Polish Sausage

Meat Cheese, Jumbo Shrimp and Veggie Trays

Party Subs, Imported Italian Wines

FRESH BAKERY GOODS & DESSERTS

Fresh Baked Italian Bread - Biscotti, Homemade Tiramisu - Fresh Filled Cannoli - Italian Cookies or Pastry Trays - Strudels - Varieties of Cheesecake - Assorted Flavors of Italian Gelato

OUTDOOR DINING

ALL SUMMER LONG

Appetizers - Salads - Homemade Soups - Hot Deli & Grilled Panini Sandwiches - Italian Dinners - Desserts

Ask About Our Daily Specials

COMPLETE CATERING & PARTY TRAYS

Offering a complete line of homemade Italian foods, breads & desserts.

DELIVERED HOT AND READY TO SERVE!

Salads & Party Trays - Pan Menu - Cookie & Pastry Trays - Gourmet Anti-Pasto Tray

BASIC CATERING PACKAGE:

Mostaccioli & Meatballs

Choice of Two Meats

Chicken

Italian Sausage

Italian Beef

Choice of One Potato

Vesuvio Potatoes

Parsley & Buttered

Potatoes

Potato Salad

Tossed Salad & Buns

INCLUDED

Plates, Utensils,

Napkins & Serving

Spoons

Having a Summer Party or Get Together?

“CATERING FROM RIGA-TONY'S IS THE ANSWER!”



can be used just about any waterborne activity you can dream up.

CABIN CRUISERS

Cabin cruisers are larger than many other boats and can cost quite a bit more. Still, they also expand your abilities to include adventures like visiting distant ports, weekending aboard, or even taking a family vacation on the water. They're more or less like having a mobile home that floats, and most come with everything you need for adventures that last days at a time.

FISH-AND-SKI BOATS

Fish-and-ski boats are designed to be just what their name infers. They have all the essential accouterments you need to chase those finned critters in the morning, then enjoy water skiing, wakeboarding, and similar watersports in the afternoon.

Most have a layout similar to that of a bowrider, but with the addition of fishy features like livewells, rod holders, and an electric trolling motor, plus tow-sports goodies like a ski-tow pylon and ski lockers.

Although some trade-offs must be made for a boat to be designed for multipurpose use (that livewell could be a drink cooler on a dedicated watersports boat, and that bow seating might be a casting deck on a boat meant purely for fishing). But on the whole, the fish-and-ski is perfect for families that

want to participate in both activities.

JET BOATS

Though the range of available choices is a bit less expansive when it comes to jet boats, and jet propulsion tends to be slightly less efficient than more traditional choices, they have one perk that many family boaters love: there's no propeller.

Propeller injuries are exceedingly uncommon in any case, but the mere thought of doing away with the prop and instead propelling the boat with a powerful jet of water gives many parents invaluable peace of mind. Plus, jet boats have excellent handling, minimal draft, and all the other features and accessories found on runabouts.

PONTOON BOATS

Pontoon boats are incredibly popular, and it's no wonder why: the stable, comfortable platform they provide is ideal for kicking back and lounging on the water. But don't think for a moment that today's pontoons can't be downright thrilling, too.

Many come with potent engines that provide exciting performance and the ability to enjoy watersports. And while they may not be as apt at handling large waves as monohull boats, many of the larger pontoons and "tritoons" (boats with three pontoons instead of just two) are surprisingly capable in choppy waters.

SAILBOATS

Sailing is, of course, a very different experience than powerboating. Speeds are significantly reduced, and operating a sailboat is far more complex than pressing down a throttle and turning a steering wheel. Yet these "drawbacks" are, in some ways, what makes sailing so appealing – it takes skill and teamwork to sail a boat from your dock to your destination, and every family member has a role to play.

Plus, modern sailboats are available in all different sizes and comfort levels. Added bonus: since sailboats don't require huge, powerful engines, compared to powerboats on a foot-to-foot basis, they generally cost significantly less.

WALKAROUNDS

Walkaround boats can be ideal for families that enjoy fishing and day cruising yet also want overnighting abilities. They usually have large, open aft cockpits where you can swing a rod or set a trolling spread, but the bow is enclosed and provides both sleeping accommodations and weather protection.

And while it's true that many types of fishing center consoles may be the most effective design, many angling families with young children – especially those who may go fishing in chilly or rainy conditions – choose walkarounds mainly because of that added protection.

CONCLUSION

In most cases, one of these seven boats will prove ideal for you and your water-loving family. Of course, there are other, more highly-specialized boats that you may find tempting.

If bass fishing is your true love, bass boats will be impossible to beat. Speed demons will naturally gravitate toward high-performance boats. And if wakesurfing is your sport of choice, then getting a dedicated ski boat/wake boat may be in the future.

But in every case, remember one thing: find a boat that makes you and your loved ones happy, and spending time on the water will draw your family closer together – and that's one thing we can guarantee.

Source: discoverboating.com.



above: Pontoon boats are the ultimate family boat. Family members of all ages can enjoy the lake on these watercrafts. **top:** Kids love boating and all the fun it offers, from swimming to watersports. **opposite:** Choosing the right boat for your family will require some research. Before you buy, consider how your family will use the boat.

STOCK PHOTOS *The Breeze*



DELAVAN
HEALTH SERVICES

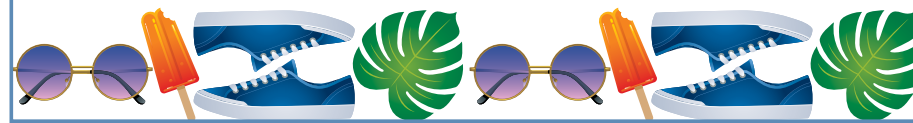
905 East Geneva Street

Delavan, WI 53115

Tel: 262-728-6319

Fax: 262-728-6693

VA Contracted





TYPE I



TYPE II



TYPE III



TYPE IV

Life jackets, vests and PFDs – How to choose the right fit

Life jackets, life vests, ski vests...they're all common names for PFDs, or personal flotation devices. Their job, as the names imply, is to keep the wearer alive and afloat should they unexpectedly end up in the water or elect to participate in watersports

such as skiing or wake surfing. Although the goal might be simple, life jacket styles, fit and method of use can all affect whether your PFD does the job it's intended for.

Here's a guide to selecting, fitting and using various life jackets, vests and PFDs.

- Select the proper type based on activity or boating conditions.
- Check for a proper fit.
- Examine the outlined size and weight requirements.
- Ensure the life jacket is in good condition—look for holes and tears.
- Don't forget to wear it!



TYPE V

LIFE JACKET TYPES

Personal flotation devices come in various types, and ideally should be chosen to best match your activity or boating conditions.

• Type I jackets offer the greatest buoyancy (more than 20 pounds) and are designed primarily for offshore use. They're bulky to wear but have the distinct advantage of turning an unconscious person face up in the water.

• Type II jackets are likewise designed to turn an unconscious person face up in the water. They offer a minimum 15.5 pounds of buoyancy and are typically chosen for near shore boating excursions. Though not exactly fashionable, their inexpensive price and often simple construction make Type II life jackets a longstanding favorite for

above: Different types of personal flotation devices exist for every water activity. **top left:** Life jackets only work when you wear them. Everyone on the boat needs their own life jacket and the boat shouldn't leave the dock before all boaters have put on their personal flotation device.

STOCK PHOTOS *The Breeze*

boaters looking to satisfy U.S. Coast Guard safety requirements.

• Type III jackets likewise offer 15.5 pounds of buoyancy. Often referred to as "ski vests," their comfortable, formfitting style makes them an excellent choice for watersports as well as general passenger use. Type III jackets typically feature a front entry and buckle, or buckle-and-

• CONTINUED ON BACK PAGE

Nieuwenhuis
BROS., INC.

Family Owned and
Operated Since 1954

RESIDENTIAL • COMMERCIAL • CONSTRUCTION
GARBAGE & RECYCLING PICKUP

DUMPSTER RENTAL • 4 YARD - 30 YARD CONTAINERS

Monday-Thursday 8:00 - 4:00 • Friday 8:00 - 2:00

Locally Owned & Operated ~ Eli, Pete & Bob Nieuwenhuis

www.nbdisposal.com (262) 728-8155

1407 Racine St., Suite G, Delavan, WI



MARINE TRADING POST

BUYING, SELLING & SERVICING BOATS AND MARINE EQUIPMENT

CLASSIFIEDS

BOATS

1957 DUNPHY CLASSIC BOAT 15' molded Mahogany. \$9,500. Call 262-948-3727.

1973 25' CHRIS CRAFT CABIN CRUISER V8, old tandem trailer. \$800 OBO 847-497-3692

2000 SUPRA LEGACY, Indmar inboard, very low hours, always garaged or lift kept, Elkhorn. \$11,500. (262) 949-6997.

1977 SYLVAN 16' CONSOLE STEERING w/cover, replaced flooring, transom, carpet, swivel seats. 1985-50HP Mercury SS prop. Minn Kota trolling motor. Lowrance locator, down riggers, trailer and xtra's. \$3,500 OBO. 262-758-7663.

2001 TIGE 211 WAKEBOARD BOAT 21' Wakeboard /Ski Boat w/Perfect Pass. Includes trailer. 600 hours. \$15,000. Call 224-535-1657.

CANOE CEDAR STRIP WOOD & original canvas from the 50's. Great shape. Use or hang in your man cave. \$1,500. 414-331-3771



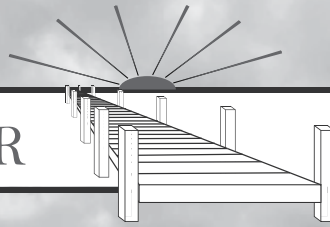
Be in the next edition of the
Delavan Lakes Breeze
NEXT PUBLICATION DATES:

August 17, 2023

For any other advertising needs, please
contact Jackie Stearns at (262) 352-0156

LAKES AREA CLASSIFIEDS

FOREVER



PIERS

Permanent Pier Solutions
262.379.9175 foreverpiers.com

438479

BOATS FOR SALE

Ski Boats/Fishing Boats

1990 Mastercraft Prostar 190, low hours, excellent ski boat, trailer, lift kept \$7500 best (262) 949-6997

1995 Mastercraft Sammy Duvall series, Corvette engine, flat wakes great slalom boat \$13,500 best. (262) 742-3665

2000 Supra Legacy, very clean, garage/lift kept, bow rider, 275 hours, \$11,500 best. (630) 886-6667

Fishing Boats

14 foot aluminum fishing boat, trolling motor, oars, battery. \$395. (262) 742-3665.

Lift and Lift Parts

Jet ski lift, Needs some repair \$25.00. (262) 949-6997

Shore station lift parts, cheap. Lauderdale Lakes. (262) 742-3665

Ski Equipment

Ski trainer, easy to get up on, builds confidence. \$75. Text (262) 949-6997

Slalom ski, 67", great shape, \$125.00. (630) 886-6667

Skis, doubles, nice condition. \$75.00. Text (262) 949-6997



439901

LIFE JACKETS • CONTINUED FROM PAGE 6

zipper closure. The catch with Type III jackets is that they are designed for conscious wearers with an imminent chance of rescue; a Type III jacket is not guaranteed to turn an unconscious wearer face up in the water. Type IV personal flotation devices are designated as “throwables,” and typically take the shape of a ring or flat cushion that can be thrown to a person who lands unexpectedly in the water.

- Type IV PFDs are designed to be held onto, rather than worn, by the user. They offer a minimum 16.5 pounds of buoyancy. Tip? Though some might look the part, don't use a designated throwable as a seat cushion. Over time, the practice will degrade the foam and reduce the amount of flotation.

- Type V jackets are special-use PFDs, often combined into flotation coats,

whitewater rafting vests, even sailboard harnesses. They should be used only for their intended purpose.

CHECK FOR A PROPER FIT

Once you select the proper type of PFD for your conditions and/or activity, make sure it is in good condition, with no holes or tears, and fits properly. A jacket that is too large can slip off the wearer. One that is too small might not offer sufficient buoyancy to keep the wearer afloat.

- Look for the manufacturer's labeling that details the size and weight the jacket is intended to fit.

- Once you have the proper size, put on the jacket, fasten any closures (buckles, zippers, etc.), then lift your arms up straight over your head and ask a friend grab the top of the jacket above the arm openings and pull upward.

- Ideally, the jacket should not rise any higher than the wearer's chin. If it rides up as high as the ears, it's too large and could slip off in the water; size down to get the proper fit.

- Don't overlook the crotch strap found on life jackets designed for young children. This additional strap runs between the legs from the back of the jacket to the front and offers added assurance the jacket will not ride up or slip over a child's head.

DON'T FORGET TO WEAR IT

Don't make the all-too common mistake of having a life jacket available for every passenger aboard, but having those jackets stowed in a difficult-to-reach location. Accidents might be rare, but they happen – and when they do, they typically happen quickly. In the majority of cases, they happen too quickly to find and don a life

jacket.

According to the U.S. Coast Guard, drowning is the cause of death in the vast majority of recreational-boating accidents. Of those fatalities, more than 80% of the victims were found not wearing a life jacket.

That's why the best life jacket available just might be the one you're willing to wear...every time you're out on the water.

Worried that a life jacket will feel constricting and hot on a warm summer day? Try the comfort and freedom provided by a suspender-style inflatable PFD. In their non-inflated state, bulk is minimal.

At the opposite end of the spectrum, “float coat” jackets combine flotation with the insulation of a jacket when it's cool. They're a favorite of many fishing enthusiasts.

Source: discoverboating.com.

SPECIALIZING IN HEALTH INSURANCE FOR SENIORS

Call Your Local Agent
NICHOLAS BLAWAT

1-414-545-7878

1-800-924-4061

Allied Senior Services

Insurance LTD

